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# The Struggle: Mom And The Summertime Blues (Loving Our Lives) (Volume 1)



## Synopsis

The Struggle: Mom and the Summertime Blues \*ABOUT THE BOOK The story of four sisters: Diamond, Shelia, Crystal, Felicity who dread their summer break because of their mom. A timely and hilarious read told through the eyes and voice of adolescent authors about their perspective of Mom's summertime "fun". Young readers will empathize with the youthful perspective of parents and "their ways". Parents will enjoy reading about the feelings of the four girls in the story, nodding in agreement from the beginning to the end. The entire family will enjoy this book. Instead of those great summer trips and long lazy days of summer, the four sisters complain about having to eat healthy and exercise, do homework and chores, and more. Throughout the book the girls tell of important life lessons taught by their parents. These lessons are told in a comical way. There are also some Discussion Questions located in the back of the book. \*ADDITIONAL INFORMATION Visit us at our website [realfoodisrealgood.com/the-struggle-book.html](http://realfoodisrealgood.com/the-struggle-book.html) or like us on Facebook (The Struggle Mom and the Summertime Blues). To see those links from this page scroll down to the More About The Author section and click on Visit Patrice S Smith Page. We also have a Meet The Characters video and a Meet The Authors video on our Real Food Is Real Good YouTube channel.

## Book Information

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## Customer Reviews

The Struggle: Mom and the Summertime Blues is a delightful read. Through the eyes and voice of

the adolescent authors you find yourself laughing out loud at their perspective of Mom's summer "fun". Of course, when Mom sets the story straight...well, let's just say there are enough versions to keep you engaged from cover to cover. Young readers will find themselves agreeing with the youthful perspective of adult antics. Parents will enjoy hearing the thoughts that their own children wish they could share. This is a gem for the entire family!

Denisha Tate Trainer, motivational speaker, and youth development professional

In this book the reader will enter the world of four sisters who share a comical tale of their summer vacation. Instead of adventurous excursions and sipping lemonade on sandy beaches the girls protest about their not so "fun" filled summer. They write about eating healthy, doing homework when school is out, exercising for fun, doing chores and more!

Many young girls will relate and mothers will want to give "Mom" a high five for being a dedicated mother who instills traditional values and important life lessons in her daughters.

Antonia Simmons Author of *Praying for our Little Ones* and *The Treasure Box Bible Study for Girls*

Reviewed by Mamta Madhavan for Readers' Favorite

*The Struggle: Mom and the Summertime Blues (Loving Our Lives) (Volume 1)* by Patrice S. Smith, Donna Mittrecy Smith, Shannon Elaine Smith, Charity Elise Smith, and Faith Denise Smith revolves around four sisters - Shelia, Felicity, Diamond, and Crystal. Summer break is approaching and the four girls are dreading it because their mother makes them exercise, eat healthily, do household chores, homework, and other things which they find boring. They all have their reasons for preferring school over summer time. The four girls discuss the lessons their mother teaches them in a fun and humorous way, putting a smile on the faces of readers, and many readers will be able to connect with what they are saying. The sisters are all different and unique in their own way, but they all have something interesting to share about the life lessons taught to them by their mother. The black and white illustrations add to the appeal of the story and capture the emotions and the moods of the sisters and the story nicely. The author does an excellent job of blending the feelings of the adolescent sisters and their mother together effortlessly, making it a fun read for children. The sisters' feelings and thoughts are real, relatable, and palpable, as is the case with the mother. Many mothers will be able to relate to the mother in the story. It is a good bedtime story book and excellent for interactive sessions in classrooms and school libraries. The discussion questions are good for youth discussions in class and will make children ponder on what they want in their lives and how they look at their lives. Readers will definitely be looking forward to the next volume to find out what the sisters are up to!

Readers' Favorite

5,4,3,2,1 Ringgggg! The school bell rings and school's out. It's time for summer!

You rush out into the hall, say goodbye to your friends and run to the school bus. You just can't wait for summer to begin. But for these four girls, it's the complete opposite...Meet the four sisters: Diamond, Shelia, Crystal, Felicity. Nice girls who love school and dread summer. Yeah, you heard right dread summer. Read about their comical tale of how their mother makes their lives miserable during their "fun " summer.

This book was a collaborative effort between mother and daughters, and it was very well written and integrated. There is this connection between all of them that spills off the page, and makes the reader smile and laugh, and even cry. Each person has their own voice and it is a wonderful story. As a single parent to only boys, I thought this was a great insight, and I don't doubt that summertime issues can affect most families. Great story. Loved it, and hope to see more from "The Struggle Authors".

This morning I was sitting wondering if I wanted to work from home or go to the store, but something reminded me of this book that had recently been released. I searched and found it. I purchased the EBook and peeked in just to browse. Browsing turned to reading and soon it was beyond coffee time. I thoroughly enjoyed every moment I sat and read this book. It was written well and the editor(s) did a great job proofing. It was extremely pleasing to hear the natural voices of these young authors. I am happy that these young ladies write so eloquently. This book should be on every summer reading lists for youth, parents, and people working with children. I am pleased to see a family work together to produce a great work of art. The comedy throughout made the book a page-turner. Overall, this book is worth every penny and more. I wish this family all the success in the world.

I loved the book, ladies!! The struggles that you all discussed remind me of how I used to think as a child...Oh the memories!! The book had me laughing throughout...LOL. I loved how Mom set things straight in the end. This is a GrEaT read for youth, youth groups and even adults who work with and/or have youth. Discussion questions are included in the end. Best wishes with your future endeavors!! Purchase your copy today!! :)

Great read! Great content! 5 stars!

I would like to first say that I am very excited to see sisters bond through this particular experience.

They agreed and were able to express themselves freely without an adult completely changing what they felt. I appreciate that honesty with this book. The arrangement I believed was perfect. I loved how the older sister leaded and it trickled down to the youngest and it started over again. I love that mom had a chance to give her side of the story too. Shelia, I instantly connected with her in the beginning because like her I am clumsy and I'm always falling and maybe in the way. I laughed when that incident with the ball hit her because that is so like me to not be paying attention and that happens. Instead of switching to band, I switched to weight training. (Not one of my clever moments either. Trust Me). I share the same sadness when it comes to friends moving, unfortunately I was the friend that moved and never seen my friends again. But I grew up and realize they probably was just there for a moment in time. Ms. Diamond, it's important for her to remember every moment she spends with mom it is a learning experience. Running in the morning is not that bad. You get to see the importance of taking care of yourself. Although she might be tired, she's teaching her valuable lessons every step of the way. Ok, I'm not big on kids going Vegan, only because that's a personal choice. I ate meat for a long time, but I now eat vegan. I see what difference it makes on your body. You have more energy and you get the satisfaction of having minimum health issues. Also, I guess if she learn now, no problems later. Crystal, was so theatrical. I love it. I want to tell her No you are not Chopped Liver. Trust me when she is around adults she is seen and heard. Adults tend to spot aging so quick. I don't know why. The first thing I see when I notice my nieces and nephews is how much they have matured. So believe me her time will come when you will be the center of attention. Felicity, I love that they have a fashionista in the house. Every family needs one. Don't feel bad I make up my own words and acronyms

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